

# 14 - DAY DISASTER PREPARATION SUPPLY KIT LIST



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## HOW MUCH WATER IS NEEDED ?

One gallon of water is needed per person per day for drinking and sanitation. When preparing a disaster kit, there should be 14 Gallons of water per person.

## HOW MUCH FOOD IS NEEDED PER DAY?

A 14-Day supply of easy-to-prepare, nonperishable food is needed per person.

## MEDICAL SUPPLIES

A 14-Day supply of prescription medicines 14, medical items (glasses, contacts, hearing aids, syringes) medical devices, and first aid kits.

## CELLPHONE

With alternate power sources and chargers.

## SANITATION AND HYGIENE

Moist towelettes, hand sanitizer, diapers, feminine hygiene products, personal hygiene products, toilet paper, and trash bags, and incontinence supplies.

## PET SUPPLIES

A 14-day supply of food, collar, leash, carrier, bowls, waste disposal products, water, and medicines.

## IMPORTANT DOCUMENTS

Vital papers in a water proof container, personal records (birth, marriage, divorce, adoption, and death certificates), valid ID's (drivers license, passport, state, and military ID). Social Security cards. Financial documents, medical records (prescriptions, copies of health insurance card, health care providers contact information.) A copy of your personal insurance policies.



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## EXTRA CLOTHING

Clothing, jackets, socks, hats, shoes, and rain gear.

## CASH

If electronic payment methods are unavailable.

## FLASHLIGHT

With extra batteries. Important to signal for help and navigate.

## RADIO

Either a hand-crank radio or battery-operated radio.

## FAMILY AND EMERGENCY CONTACT INFORMATION

Photos and phone numbers, of family members, friends, and neighbors. Your healthcare provider's names and contact information.

## TOOL KIT

Wrench, pliers, screw drivers, and other tools used to turn off utilities. Basic tool kit, duct tape, dust masks, and tarps. Matches and or a lighter.

## WHISTLE

Important for signaling first responders.

## MAPS

Maps of local area.

## BLANKET/SLEEPING BAG

To sleep if sheltering away from home.

## PORTABLE COOKING SUPPLIES

Portable stove, pot, utensils, cookware, matches or lighters, manual can opener

## CHILDREN'S SUPPLIES

Books, games, puzzles, or activities for children.



## CHECKLIST

- 14 Gallons Of Water Per Person
- 14-Day Supply Of Food Per Person
- Medical Supplies
- Cellphone With Power Banks
- Sanitation And Hygiene Supplies
- Pet Supplies
- Important Documents
- Extra Clothing
- Cash
- Flashlight With Extra Batteries
- Radio
- Emergency Contact Information
- Tool Kit
- Whistle
- Maps
- Blanket/Sleeping Bag
- Portable Cooking Supplies
- Children's Supplies



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