## Family Disaster Plan

Get your family prepared in three key steps:

## **Build a Kit**

Families and individuals should consider their specific needs to ensure they have the right supplies to manage during the first 14 days following a disaster.

- Store a gallon of water per person per day, for drinking and sanitation. In case your water supply
  runs out, pre-identify safe sources of water, use water filters or boil water if you are unsure about
  its cleanliness. Have disposable cups available and remember to clean the water containers after
  using them.
- Gather a 14-day supply of non-perishable foods for each person in the household. Individuals
  with special diets or allergies will need particular attention as will babies, toddlers and the elderly.
  Nursing mothers may need liquid formula. Part of the kit should include cleaning products for our
  homes as well as yourselves.
- Canned dietetic foods, juices and soups may be helpful for ill or elderly people.
- Have enough hand sanitizer, antibiotic ointment, hygienic products, diapers and wipes available for children and older adults.
- Make sure to have food and water for your pets. Be sure each pet is wearing a collar with updated identification tags with the pet's name, owner's contact information.

## **Make a Family Communications Plan**

As roads may be impassable and cell phone service may be disrupted, identify alternate ways of staying in touch with loved ones.

- Choose an out of town friend or relative as a point of contact.
- Decide on a meeting place in case you cannot return home.
- Keep important documents and phone numbers with you at all times.
- Ensure children are included in preparedness conversations and make sure they have emergency contacts memorized or saved in a secure place.
- Identify the closest shelter in case you are ordered to leave your home, and let your family know its location.

## Stay Informed

Listen for the most up-to-date information before, during and after a disaster.

- Local media will provide evacuation orders, details about evacuation routes and shelter locations.
- Make sure your battery-powered radio is working and you have extra batteries.
- Download the FEMA App at <u>fema.gov/mobile-app</u> to receive severe weather alerts, safety tips and much more. Stay updated with weather-related alerts from the U.S. National Weather Service.

